

SOUTH ATLANTA AREA NA PUBLIC RELATIONS NEWSLETTER

Serving Clayton, Coweta, Fayette, Henry, Pike, South Fulton, Spalding County

(404) 447-8445

NOVEMBER & DECEMBER 2019 ISSUE



From Our PR Chair

Peace and Blessing,

I would like to thank you for trusting me and for the opportunity to serve as your Public Relations Facilitator for the South Atlanta Area. It has been a great experience. I've learned so much about our service structure and how important it is to the survival our fellowship.

Our survival is directly related to the survival of the group and the Fellowship. To maintain unity within Narcotics Anonymous, it is imperative that the group remain stable, or the entire Fellowship perishes and the individual dies.

Curtis C.

NA Slogans

"Don't Use, read the basic text, and go to meetings".

Purpose

To publish a monthly newsletter to support individuals and the groups in our area with our primary purpose, which is to carry the message to the addict who still suffers, while providing a forum to encourage the growth of the Fellowship. More importantly, in keeping with our first tradition, building NA unity through communication. The purpose of South Atlanta newsletter is to carry the message of Narcotics Anonymous (NA) to other addicts by sharing our experience, strength and hope in printed & electronic form, and in doing so, demonstrate to the public that NA is a viable program of recovery.

Meetings Need Support

HOPE & INSPIRATION GROUP

SW Christian Church (Rear Youth House)
4330 Washington Rd.
East Point, GA 30344
Tuesday, 7pm

JUST FOR TODAY GROUP

Newman Clubhouse
9 Perry Street
Newman, GA 30263
Mon—Thurs: 6 pm
Fri— 7 pm, Sat— 7:30 pm

SOUTH FULTON GROUP

Union Grove Baptist Church
6591 T A Davis Street
Union City, GA 30291
Monday, 8 pm

SOUTHSIDE PRINCIPLES GROUP

McDonough Christian Church
2000 Jonesboro Road
McDonough, GA 30253
Sunday, 7 pm

SURRENDER TO LIVE GROUP

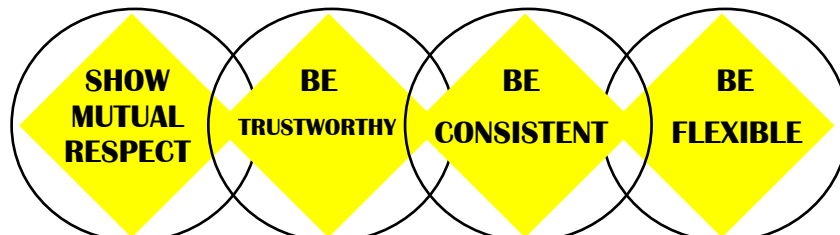
Riverwood Hospital
223 Medical Center Drive
Riverdale, GA 30274
Tuesday 7 pm

TRUST THE PROCESS GROUP

Paula Crane Life Enrichment Ctr
1792 Mt Zion Road
Morrow, GA 30260
Thursday, 6:45 pm

*If your meeting needs support, please contact the
Public Relation Committee at pr@southatlna.com*

Spiritual Principles of Public Relation in Action!



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H&I

Interested in H&I?

H&I is interested in you and your message! H&I currently serves five different facilities throughout the South ATL area, and we are looking to expand. We need your support to continue carrying the life-saving NA message.

Join the H&I Task Panel at 1:00 PM at the Paula Crane Center on the 3rd Saturday of the month.

Tradition 11

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Public Relations Statement



PART 1—THE MEMBERS

Why Public Relations Is Important to the NA Member

The Narcotics Anonymous message is “that an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live.” Our relations with the public enable us to share this message broadly so that those who might benefit from our program of recovery can find us. We perform public relations service to increase the awareness and credibility of the NA program. We share our message openly with the public at large, with prospective members, and with professionals. Maintaining an open, attractive attitude in these efforts helps us to create and improve relationships with those outside the fellowship. Establishing and maintaining a commitment to these relationships, can help us to further our primary purpose.

The spiritual principles of our steps, traditions, and concepts guide us in pursuing our public relations aims and our efforts to enhance NA’s public image and reputation. These principles apply to our community and service efforts as well as to the personal behavior and attitude of individual NA members.

PART 2—PROFESSIONAL & PUBLIC

Informing Professionals and the Public

The following statement can be used to inform the public about NA:

Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. NA was founded in 1953, and our membership growth was minimal during our initial twenty years as an organization. Since the publication of our Basic Text in 1983, the number of members and meetings has increased dramatically. Today*, NA members hold nearly 67,000 meetings weekly in 139 countries. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle.

Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA’s approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations.

Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

*As of April 2016.

From Our Activities Chair

It is an honor to serve as the South Atlanta Activities Task Panel Leader. I have spent the majority of my time in the fellowship learning how to conduct proper service. The Fellowship of Narcotics Anonymous has played a major role in my life in and outside of the rooms. Being a part of the service structure is where I found my voice and my talents. I find that I enjoy bringing people together. I believe in having fun in recovery, it is one of the reasons why I stayed in recovery. Participating in NA events and doing service is where I found a platform to build long-lasting relationships.

When I first arrived to Atlanta, I felt alone and new my life depended on NA Unity. I became a part of the south side area as a necessity to get plugged into this area. I learned so much in a few months. This service commitment forced me to network and allow others to get to know me better. It forced me to ask for help, which was scary, still I overcame that fear. As a result, I found the greatest joy in being myself and making friends along the way.

Angela N.

Voices Of Our Area

The Public Relations Task Panel is hoping to give voice to the various groups of the South Atlanta Area. This section will include a question or topic, and will publish the responses of our groups. Tradition Five in our Basic Text (p. 67-68) states,

“All our groups can do is plant the seed for recovery and bring addicts together so that the magic of empathy, honesty, caring, sharing, and service can do their work...The group is the most powerful vehicle we have for carrying the message...”

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.”

While considering the primary purpose of our groups, and that, “the newcomer is the most important person at any meeting...” (Basic Text, p. 9) we asked groups to respond to the following question:

Question -“How is your group serving the newcomer?”

“Our group format has a Question and Answer meeting which is once a month.” ~Second Chance Group~

“Our format states that our group believes in sponsorship and encourages new members to ask questions regarding sponsorship and the program after the meeting.” ~Just for Today Group~

As we prepare for the next issue of the newsletter, a new topic or question will be presented at the SAASC meeting. We believe there is great potential for increased unity within our area and amongst our groups.

In loving and grateful service,

Cody S.

“I Don’t Want to Use Anymore”

“Just Don’t Use Today” vs “I Don’t Want to Use Anymore”

They say the first thing you MUST do when you come in the program is to stop using. This “stop using” that they are referring to is that you MUST STOP USING DRUGS! After 10 months clean, I have come to learn everything we do is on a daily basis and this “stop using” has to be successfully accomplished every day! With that being said I have learned that even after 10 months clean, from time to time I still have thoughts and feelings of using drugs. These thoughts and feelings are not every day, they are not all day, and they are not as intense today as they were 9 months ago; but they are still there with me. So, I do the things that are suggested. I go to meetings, talk with my sponsor, share with other recovering addicts, and share completely honestly when these thoughts and feelings arise. I have found that I am still in a state of “Just Don’t Use Today.” I have found that I can be comfortable being in this state because I am comfortable with being honest about where I am at today when it comes to using drugs. The Basic Text says that we stop using drugs, lose the desire to use, and find a new way of life. I have come to realize that even though I am not in a state of “I Don’t Want to Use Anymore,” I am still welcomed and I have a place in Narcotics Anonymous. I truly believe that as long as I “Just Don’t Use Today,” and I do this one day at a time along with the other things that are suggested in the program, eventually I will transition to the “I Don’t Want to Use Anymore” state of mind.

Truly Yours,

Brian S.

Admin Corner

Purpose of the Administrative Task Panel: serves administrative needs of the Area such as monthly minutes & coordinating the ASC meetings; deals exclusively with all finance matters & financial accountability (bank account); schedules, coordinates & conducts service workshops as needed and quarterly GSR workshops @ the ASC; seeks & encourages growth of NA in this Area; acts as support & resolution for the Area & Member Groups. Thanks for trusting us as servants and for the opportunity to serve!

Administrative Task Panel

Anniversaries & Celebrations

- 11/19/19 Paul C. – 11 yrs. Fayette 5 & Dime
- 11/21/19 James K. – 1 yr. Trust The Process
- 11/22/19 Keith H. – 11 yrs. Road to Recovery
- 11/23/19 Anthony R. – 4 yrs. Back To Basics
- 11/24/19 Dave P. 25 yrs. & Samantha – 1 yr. Freedom Depot
- 11/24/19 Bobby Jo D. – 4 yrs. Southside Principles
- 12/3/19 Willetta A. – 26 yrs. The Tool Room
- 12/5/19 Maurice E. – 11 yrs. Trust The Process
- 12/7/19 Regina R. – 24 yrs. A New Beginning
- 12/8/19 Rashid I. – 8 yrs. Back To Basics
- 12/15/19 1st Group Anniversary First Step
- 12/16/19 Anita M. – 27 yrs. We Can, I Can't
- 12/17/19 Danthia M. – 21 yrs. Hope & Inspiration
- 12/30/19 Ivy T. – 10 yrs. We Can, I Can't



Events—November & December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16 SAASC Service Meeting
17	18	19	20	21	22	23
24	25	26	27	28 Blind Faith 35th year Thanksgiving Meal	29	30 WEANA 33 Convention
1 December Back to Basics 28th Anniversary	2	3	4	5	6	7

South Atlanta Area Service Committee (SAASC) meets the 3rd Saturday of each month at 2:30 pm.

Task Panels meet on the same day:

- H & I Task Panel meet @ 1:00 pm.
- Literature Task Panel meet @ 1:00 pm.
- Activities Task Panel meet @1:00 pm
- Public Relations (PR) Task Panel meet @ 1:00pm.



Problem writing a 4th Step? Sponsor give you a deadline?
Just can't seem to put pen to paper?

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